The Pythagorean Theorem gives you:

$$3^2 + 5^2 = h^2 \Rightarrow 9 + 25 = h^2 \Rightarrow 34 = h^2 \Rightarrow \sqrt{34} = h$$

Then:

$$\cos\theta = \frac{a}{h} = \frac{5}{\sqrt{34}}$$