Multiply both sides by -3 and reverse the sign:

$$\frac{5d+2}{-3} \cdot (-3) < -4 \cdot (-3) \text{ or } 5d+2 < 12$$

Subtract 2 from both sides:

$$5d + 2 - 2 < 12 - 2$$
 or $5d < 10$

Divide both sides by 5:

$$\frac{5d}{5} < \frac{10}{5}$$
 or $d < 2$