The GCF of the three terms is 2x, so $2x^3 + 6x^2 + 4x = 2x(x^2 + 7x + 12)$.

Factor by grouping:

$$2x(x^{2}+7x+12) = 2x(x^{2}+3x+4x+12) = 2x(x+3)(x+4)$$