Rewrite 9r as 6r + 3r, as $6 \cdot 3 = 18$, and 6 + 3 = 9. Then factor by grouping to get:

$$(r+3)(2r+3) = 0$$

$$r + 3 = 0$$
 or $2r + 3 = 0$

$$r = -3 \text{ or } 2r = -3$$

$$r = -3 \text{ or } r = \frac{-3}{2}$$