$\mathsf{Height} = h \text{ and } \mathsf{Base} = h - 6$

$$20 = \frac{1}{2}(h-6)(h)$$

$$20 = \frac{1}{2}(h^2 - 6h)$$

$$40 = h^2 - 6h$$

$$0 = h^2 - 6h - 40$$

$$0 = (h - 10)(h + 4)$$

h = 10 or h = -4 Since the height is 10, the base is 10 - 6 = 4.