To find the slope, solve for y: 2y = 6 + 5x, so $y = 3 + \frac{5}{2}x$

The slope is $\frac{5}{2}$. The slope of a perpendicular line is $-\frac{2}{5}$. A perpendicular line has the form $y=-\frac{2}{5}x+b$. To find b, substitute (-10,8) for x and y:

$$8 = -\frac{2}{5}(-10) + b$$
, or $8 = 4 + b$, so $4 = b$

This gives you the equation of the line: $y = -\frac{2}{5}x + 4$