Substitute x = 1 and y = -4 into each inequality and simplify:

$$1 - 2(-4) < 4 \text{ or } 9 < 4 \text{ FALSE}$$

$$-4 > -2(1) - 5$$
 or $-4 > -7$ TRUE

For an ordered pair to be a solution of a system it must be a solution of both inequalities.