Excluded values are the values of the variable that result in a denominator equal to 0. The excluded values here are the solutions to the equations $x^2 - 25 = 0$ and x + 5 = 0. The number 25 is not a solution to either of these equations. The number 5 is not a solution to the equation x + 5 = 0, but it is a solution to $x^2 - 25 = 0$.