Correct. Because 10 is a common denominator, you can multiply both sides of the equation by 10 to eliminate the fractions.

$$10\left(-3 + \frac{x}{10}\right) = \frac{4}{5} \cdot 10$$
$$10(-3) + \frac{10}{10}x = \frac{40}{5}$$
$$-30 + x = 8$$
$$x = 38$$