The expression can be rewritten as:

$$\frac{\sqrt{7x} + \sqrt{4 \cdot 7x}}{\sqrt{2}} = \frac{\sqrt{7x} + 2\sqrt{7x}}{\sqrt{2}} = \frac{3\sqrt{7x}}{\sqrt{2}}$$

This is not equal to $\frac{3\sqrt{7x}}{1}$ because $\sqrt{2}$ is not equal to 1.