On every hill in the graph, the value of $\sin\theta$ first goes up from 0 to 1. At some point in between, it has the value $\frac{1}{2}$. Then on the other side of the hill, the value of $\sin\theta$ goes down from 1 to 0. At some point in between, it again has the value $\frac{1}{2}$. Because the sine function equals $\frac{1}{2}$ at two points on each hill, and because there are two hills in the interval $[-2\pi, 2\pi]$, there are a total of 4 points where $\sin\theta = \frac{1}{2}$.