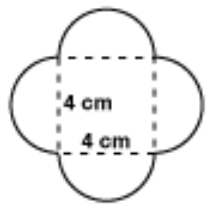


Sara makes paper flowers in the shape shown below, made of four semicircles around a square.



Which of the following would be the best method for Sara to use to find the perimeter of the flower?