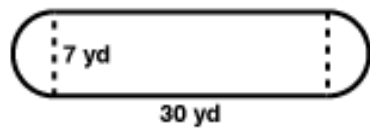


Find the perimeter of the composite figure, made up of two semicircles and a rectangle. Use $\frac{22}{7}$ as an approximation for π .



The approximate perimeter of the composite figure is _____ yards.