Correct. The length of the two semicircles equals the circumference of one circle.

$$C = \pi d = \pi \cdot 7 \approx \frac{22}{7} \cdot 7 = 22$$

Add the two lengths of the rectangle to this amount to find the entire perimeter of the composite figure: $22 + 30 + 30 = 82$ yards.

The approximate perimeter of the composite figure is 82 yards.